

NC Educational Requirements

According to the Pfeiffer website and course catalog, which mirrors the North Carolina state administrative statutes and licensure law, the following course of study is required:

(On or after October 1, 2011)

NC State Requirements (21 NCAC 31.0501)	Pfeiffer Academic Requirements
NC Licensure Board Total Hours: 45 (Semester Hours – SH)	Total Hours: 69 (Semesters Hours – SH)
I. Assessment & Diagnosis (3 SH)	I. Assessment & Diagnosis (6 SH)
	MMFT 604 - Diagnosis of Mental and Emotional Disorders
	MMFT 630 – Assessment & Treatment Planning Family Therapy
II. Human Development & Family Relations (3 SH)	II. Human Development & Family Relations (9 SH)
	MMFT 640 – Family Therapy: Children & Adolescents
	PSYC 600 – Advanced Human Growth & Development
	PSYC 615 – Advanced Psychopathology in the Family Context
III. Practice of MFT (6 SH)	III. Practice of MFT (15 SH)
	MMFT 600 – Emerging Cross-Cultural Issues in Families & Communities
	MMFT 606 – Practicum I: Therapeutic Alliance
	MMFT 607 – Practicum II: Clinical Procedures
	MMFT 620 – Couples Therapy, Theory, and Techniques
	MMFT 670 – Human Sexuality & Contextual Sex Therapy

IV. Professional Identity & Ethics (3 SH)	IV. Professional Identity & Ethics (6 SH)
	MMFT 620 – Professional Identity & Issues in Marriage & Family Therapy
	MMFT 680 – Legal & Ethical Issues in Marriage & Family Therapy
V. Research in MFT (3 SH)	V. Research in MFT (3 SH)
	PSYC 625 – Research Methods & Program Evaluation
VI. Theoretical Foundations of MFT (6 SH)	VI. Theoretical Foundations of MFT (9 SH)
	MMFT 601 – Introduction to Family Systems
	MMFT 602 – Family Therapy Theories
	MMFT 621 – Advanced MFT Theories & Special Issues
VII. Clinical Practice (9 SH)	VII. Clinical Practice (9-15 SH)
	MMFT 690 – Internship in MFT
VIII. Additional Core Coursework (12 SH)	VIII. Additional Core Coursework (12 SH)
	MMFT 603 – Theory & Practice of Group Therapy
	MMFT 605 – Addiction in Family Systems
	MMFT 608 – Crisis Intervention
	MMFT 685 – Advanced Trauma Focused Assessment and Intervention
NC Licensure Requirements	
Clinical Experience	Clinical Experience (Pre-degree)
1500 direct client face-to-face therapy hours A minimum of 500 client hours must be relational with 200 hours of approved supervision. (with a minimum one hour per month).	500 direct client face-to-face therapy hours A minimum of 40% or 200 client hours must be relational with 100 hours of approved supervision.